

# CAP NEWSLETTER

## A glimpse into the work of the CAP volunteers.

April 2017

### Steven Andrew

I have continuously attended meetings to represent the voices of disabled people as a member of Cap. I have been involved in regular meetings of the Work and Worth work stream. Part of the work included an equality standards meeting which will regard employability for disabled people. This proposed accreditation for employers will be granted for a disability friendly employer who focuses on the needs of disabled employees and their duty to provide a standard of care. I am excited and committed to the training received through CAP and looking forward to my training for Charing Committee Meetings ☺



In March outwith the CAP and PLP work, I took part in my first major wheelchair curling tournament where I competed in the friendship trophy representing the South region against the North

**WE WON 10-6. YAY!!!!**

Currently I have been in rehearsals for the next Purple Poncho Players show. The group never fails to amaze with their shining dramatic skills and their ability to express the thoughts and feelings. Our next performance is for the upcoming Council elections!

## Florence O'Hale



Florence is always looking for ways to help out since she adopted Glasgow as her home. Florence has now signed up to be one of the Volunteer Champions for the upcoming European Championship Games 2018.

She is actively engaged in getting more people to get involved in volunteering and promoting the event in the city. Florence will make Glasgow proud.

Florence's first major speaking role in front of a large crowd was when she delivered a lecture on mentoring during the International Women's Day in Glasgow at an event organised by Power to Her. She talked about self-motivation and having a positive attitude with the benefit of letting go of negative emotions.



Florence also received her community achievement award from Glasgow Kelvin College for the hours of voluntary work she has provided to the Community Activist Panel and other community work. This was presented by the boys of CAP and Gerry the Tackling Poverty Team Manager.



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### Michael Igoe



Here's a couple of events I've attended recently I was at a housing workshop with the disability strategic planning group.

The purpose of the event was for key partners to come together and develop an action plan to tackle the key challenges faced by disabled people around 2 key themes: living independently in terms of accessing suitable housing and the management of aids and adaptations.

I was at the launch of the experience panels with the Minister for Social Security, Jeane Freeman MSP.

The Scottish government are recruiting at least 2000 people with direct experience of the current Social Security system so that they can build and refine a better model.